# **Northtown Academy Sports Guidelines**

Welcome to the 2023-24 School Year! We are looking forward to an exciting and successful season with your help. It is an honor to be a high school athlete and we are happy to have your son/daughter on the team! Please read over the following guidelines and sign.

### Attendance

You are expected to be at practice every day. The only absences that will be excused are:

- Family emergencies or illness
- Absent from school
- Working with a teacher
- A situation discussed with the coach ahead of time

If you are going to miss practice you must email the coach beforehand. Sending messages with other athletes is not acceptable.

# **Sports Fee**

The sports fee is \$50 for each sport season. This fee is not refundable if you quit the team or are removed from the team. The fee helps cover the cost of the transportation and referees for the season but it does not cover the uniform. If this is lost, you must pay a replacement cost at the end of the season.

# **Clubs and Park Sports**

The IHSA rules state that athletes may not participate on any club or park district team during the high school season. If you are playing on a travel team please speak with Mrs. McBride.

#### Academics

Students must be passing 5 classes per week with at least a 1+. Grades will be checked on the first day of each week and a student who is ineligible will not be able to practice or play for the entire week.

### **Procedures to Address Concerns**

No concerns should be addressed immediately after a game.

Under no circumstances should the parent enter the bench or playing area at any time.

- 1. The athlete should discuss the concern with the coach.
- 2. The athlete may discuss the concern with the athletic director.
- 3. If the problem is not resolved, the parent should set up an appointment to meet with the coach.
- 4. If the problem is still not resolved, the parent should call and set up an appointment with the athletic director.

#### **Physical Exam**

The IHSA requires that student athletes have a physical exam every year.

Parent signature	 	
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Student signature		