

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>All Beef Hot Dog on WG Bun Green Beans or Tossed Salad Fresh Orange Ice Cold Milk</p>	<p>3</p> <p>VEGETARIAN NACHOS w. Cheese Sauce Pinto Beans or Cherry Tomatoes Fresh Apple Ice Cold Milk</p>	<p>4</p> <p>Italian Meatballs Sub Steamed Broccoli or Baby Carrots Fresh Cut Cantaloupe Ice Cold Milk</p>	<p>5</p> <p>Nat'l Comfort Food Day! BBQ Chicken Drumsticks Mashed Potatoes WG Dinner Roll Steamed Corn or Cucumber Slices Fresh Cut Honeydew</p>	<p>6</p> <p>Buffalo Mac + Cheese Steamed Cauliflower or Tossed Salad Fresh Banana Ice Cold Milk</p>
<p>9</p> <p>Sweet & Sour Chicken w. Brown Rice Roasted Carrot or Celery Sticks Fresh Apple Ice Cold Milk</p>	<p>10</p> <p>Chipotle Chicken Tacos Refried Beans or Carrot Sticks Fresh Cut Pineapple Ice Cold Milk</p>	<p>11</p> <p>Hot Ham + Cheese Sandwich on WG Bun Green Beans or Cherry Tomatoes Fresh Banana Ice Cold Milk</p>	<p>12</p> <p>Popcorn Chicken Mashed Potato Bowl WG Dinner Roll Steamed Corn or Cucumber Slices Fresh Cut Honeydew Ice Cold Milk</p>	<p>13</p> <p>Buffalo Chicken Wrap Fries or Cucumber Slices Fresh Orange Ice Cold Milk</p>
<p>16</p> <p>Grilled Chicken Breast Sandwich Baby Carrots or Steamed Cauliflower Fresh Orange Ice Cold Milk</p>	<p>17</p> <p>Chicken Parmesan w/WG Pasta Vegetarian Bean or Cherry Tomatoes Fresh Cut Pineapple Ice Cold Milk</p>	<p>18</p> <p>Chicken Stir Fry w/ Brown Rice Steamed Kyoto Veg Blend or Cucumber Slices Fresh Cut Cantaloupe Ice Cold Milk</p>	<p>19</p> <p>Sliced Roast Beef Sub Sandwich on WG Bun Steamed Broccoli or Tossed Salad Fresh Banana Ice Cold Milk</p>	<p>20</p> <p>Bone-in Chicken Wings (your choice of sauce) Dinner Roll Fries or Tossed Salad Fresh Apple Ice Cold Milk</p>
<p>23</p> <p>Enjoy Winter Break!</p> 	<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 
<p>30</p> 	<p>31</p> 			

Daily HS Choices

- **Weekly Rotating Special**
- **Daily Special** ←

~Mia Pasta

~Viva Burrito

Nachos & Tacos

~ Luigi's Pizza

~Mmm...Burger

~Nish Nosh Deli

~Mixed Greens
Salad Bar

**Each lunch includes
Fresh & Steamed
Veggies,
Fresh Fruit,
& Fat Free
Skim or 1%**

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery
Meats

ALWAYS fresh
NEVER frozen

4-Star School
Lunch
Provider

In accordance with Federal law and United States Department of Education Culture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

